

Welcome to the 2020 New Zealand Rogaine Association 24 Hour Championships and associated 6hr event.

## Organising Team

Planner: Colin Dixon, Douglas Woods

Setters: Colin Dixon, Douglas Woods, Chris Dixon, Abby Dixon, Lara Dixon

Entries: Wayne Millow

Nav Light: Douglas Woods

Catering: Hanmer Springs School

## Getting to the Event

Registration and the Start/Finish area are at the Hanmer Forest Camp 243 Jollies Pass Road, Hanmer Springs 7334

From Hanmer follow Jollies Pass Road from the centre of Hanmer for 2.5 km and the Forest Camp is on your left.

From Christchurch centre it is 140km to the north and takes about 1hour 50min.

## Event Chronology

Friday 6<sup>th</sup> November

7:00pm - Registration Opens

9:00pm - Registration Closes

Saturday 7<sup>th</sup> November

8:00am - Registration Opens

9:00am - Map Handout 24 hrs

11:00am - Map Handout 6 hrs

11:30am - GPS into sealed bags, flight plans returned

11:45am - Briefing

Midday - 24 and 15/24 start

12:45pm - 6hr Briefing

1:00pm - 6hr Start

7:00pm - Finish 6hr, light meal

10:00pm - Night cafe opens

Moonrise: 2:17am

Moonset: 11:37am

Sunday 8<sup>th</sup> November

7:00am - Night cafe closes

Midday - Finish 24hr, 15/24hr

12:00~1:00pm Meal available, some food will be available from 11:30

1:00pm - Prize Giving

Sunset: 08:20 pm

Sunrise: 06:03:46 am

Daylength: 14 ¼ hours

## **Start**

All members of your team must attend the event briefing. The two wearing a wrist-tag must register their wrist-tag on one of the BRIEF Punches as they enter the briefing area. An organiser may check the security of your Navlight wrist strap. For details on using the Navlight Electronic Scoring System see the homepage of the website [www.rogaine.org.nz](http://www.rogaine.org.nz). The event time will start at Midday, regardless of whether the briefing is finished or not.

## **Finish**

As soon as you finish, register your wrist-tag on any one of several FINISH Punches, assemble your team, and then present yourselves to the computer desk to have your wrist-tags removed by an organiser and scored. Depending on the queue you will be given a printout immediately, or pick it up later. If you have any disagreement with it, see the event organiser, not the scoring team. Your event will close after the 24 or 6 hrs has elapsed. Aim to finish on time as you will be penalised 20 points per minute or part minute late and if you are over 30 minutes late you lose all your points.

## **Post-event meal**

For 24hr competitors, the main meal is available from 12:00, Sunday, with some food available from 11:30.

Catered by the Hanmer Springs School PTA who have used this to fundraise for the school, there are plenty of Vegetarian, Dairy Free and Gluten Free options. For 6hr competitors, a light meal is available from about 6.45 pm.

## **Event procedure**

We recommend you spend at least one hour planning your route, making the day more enjoyable and rewarding. Limited tables and chairs will be available at the event centre. You should plan your route carefully, aiming to challenge your map reading and navigation skills but staying within the safe limits set by the terrain and weather, and your experience and fitness. If your team lacks confidence in finding its way in rough, untracked tramping terrain, you might confine your route to the more easily accessible check points.

All teams start together. On the course do not try to follow other teams or get distracted by them as they may have set a different route. Tracks and numerous streams exist which are not marked on the map, and others are mapped that no longer exist. Tracks and streams may serve as useful navigational aids, but do not assume their detailed accuracy. Tracks have, I think, ALL been run with GPS. Generally, there has been more effort put into mapping features around the controls. Keep out of the areas marked as out of bounds. Keep away from roads marked as closed to the event.

At each checkpoint there is an orange/white flag and an electronic punch. The checkpoints have not been hidden but some may be a bit tucked away if in public areas or areas exposed to the wind. If a checkpoint is missing, you must be able to describe (photograph) its presumed location to the score keepers to be credited with the points. When you visit a checkpoint, 'punch' your tag until you see a red flashing light (takes up to 3 seconds). Both wrist tags assigned to a team must record a visit to a checkpoint. If the punch does not flash, write down the 3-letter code visible on the yellow tag. (See the top of the homepage of the website [www.rogaine.org.nz](http://www.rogaine.org.nz) for further details on 'NavLight').

## The Map

The map is printed on A3 Teslin at 1:40,000. In my experience it is strong and robust and will not require additional covering. However, I do find that using a highlighter to mark my route does not hold well. Contours are 20m, with index contours at 100m. There are NO spot heights on the map. The high points are around 1400m. The Event Centre is at 400m and the Bush café is at about 800m

Control Descriptions are printed on the map in text.

The map has a legend describing the colour coding and some of the features on the map. There are four basic types of vegetation.

1. Exotic Forest – This varies from fast to slow, with a lot of it impassable. Unfortunately you will have to make the choice out on the course. There are plenty of roads in the exotic forest.
2. Native Bush – There are many tracks through the native bush, and most checkpoints can be approached using the track network, but there may be quicker routes through the native bush. Some of the tracks are used by mountain bikes so keep a vary eye out especially on the downhill tracks.
3. Scrub – What can I say except don't go there 😊
4. Open – The open areas will still have patches of scrub, tussock etc and can be quite slow travel. The Ridge/Spurs in the open area are generally good travel.

No control has been intentionally placed in an area that requires travel through significant patches of Matagouri, Broom, Briars or Bush Lawyer, however you will encounter some.

There are 86 controls with a total value of 5110 Points. It will not be possible to clear the course, but don't let that stop you trying 😊

## Tracking

For the first time in NZ, teams will be carrying live trackers. These will record your route and update a running score as you pass checkpoints. As well as providing plenty of entertainment for the people at home (they went that way!!!) they have a button that can be used to seek assistance.

The trackers will be handed out on Friday Night and Saturday Morning.

## Rules

A full set of rules governing Rogaining in New Zealand is available under “Resources” at [www.rogaine.org.nz](http://www.rogaine.org.nz).

A note on some specifics, overall the rules apply specifically to the 24hr Foot Rogaine. The 15/24 and 6hr Options are Non-Championship.

GPS – this is becoming a grey area due to the capability of phones. However, a phone is part of the compulsory equipment for safety reasons and will generally not provide any benefit to competitive teams. However, a watch tracking distance will and must be in a bag sealed by the organisers.

“R7. The only navigational aids that may be carried on the course are magnetic compasses, watches and copies of the competition map. The possession of other navigational aids, including pedometers, altimeters and GPS receivers on the course is prohibited except where event organisers provide a means by which information on the devices cannot be accessed while on the course. The possession, at the event site, of maps that provide additional information not shown on the competition map is prohibited.”

“R14. No food or equipment shall be left on the course before the event for a team’s use, and no food or equipment shall be discarded on the course unless retrieved by the team during the event and brought by the team with them to the finish.”

## Safety Sheet – New Zealand Rogaining Championships

24, 15/24 and 6-hour Rogaines - Saturday 6<sup>th</sup> – Sunday 7<sup>th</sup> November 2020

## Cancellation

This event will be cancelled only if conditions are extreme. The organisers reserve the right to shorten the event by time or geography for safety or other reasons.

## Compulsory clothes and equipment:

Per team member:

- thermal top & trousers
- thermal hat and gloves
- rain proof coat
- survival sheet or pack
- liner
- whistle
- torch/head torch

Per team: first aid kit – that must include strapping tape and the ability to patch a significant cut/gash  
watch  
at least one compass  
pencil or fine spirit marker

## Hanmer Springs 2020 NZRA 24hr Championships

The event is in an alpine region with little cover from bad weather over much of the course. Your gear is your own responsibility. There will be no compulsory gear check but the organisers reserve the right to do checks on a random or selective basis. You must be suitably equipped to start. We strongly recommend you also carry: long gaiters, showerproof over trousers, a compass each, a watch each.

Cell phone coverage is generally good when Hanmer Springs is visible, but otherwise poor or non-existent. Organisers can be reached on the numbers printed on the map.

Bring your own plates, cups, cutlery for the meal to save using disposables.

### **Water**

There are two water stop on the map, plus water is available at the Bush Café and Event Centre. All streams are drinkable, and I am unaware of any health issues that have been caused over the years from this supply. Generally, there is no stock above the streams other than some goats and pigs.

Organisers AND Participants have responsibilities for the safety of you and others, including:

- being aware of and meeting all safety requirements specified by event organisers in writing, on the event web site, or at verbal briefings
- paying attention at the race briefing
- carrying all compulsory protective clothing and other safety equipment,
- advising your team member(s) of any medical conditions you have, your general level of fitness and other factors that may affect you adversely during the event, staying together as a team at all times, and providing mutual support, and helping any other team you find in difficulties,
- submitting a 'flight plan' map showing your intended course at registration before you start,
- recording your team's visit to each checkpoint with the electronic punch,
- advising organisers and returning your tags if you withdraw from the event, or when you finish. This is our safety check that you are no longer on the course and IS COMPULSORY,
- being highly conscious of time and avoiding a late return – being late results in a hefty points penalty as well as raising safety concerns,
- being prepared to modify your plans to be more conservative if safety conditions dictate this, monitoring team and individual progress and fitness and modifying plans as required,
- looking out for hazards, such as:

1. Hypothermia. Wind, water and cold temperatures can lead to exposure or hypothermia. Early symptoms are subtle (clumsiness, lethargy, slurred speech). Be prepared to seek shelter or to call it a day if conditions are severe, or if any of your team is becoming exhausted. Roads will be patrolled from time to time through the day.

2. Streams. Do not cross streams if they are heavily swollen.

3. Cliffs, slippery rocks, loose rocks, incised creeks, gullies, slippery grass, hidden obstacles such as logs, loose fencing wire, etc. may be present throughout the event area.

## Hanmer Springs 2020 NZRA 24hr Championships

4. Fog/low cloud. If in fog, orientate the map and yourself with a compass. If in doubt, don't climb into cloud and descend out of it as soon as possible. This also applies to bush travel, particularly at night. Check your map is oriented to north, regularly.
7. Road Hazard: There will be light traffic on roads. No roads are closed during the event.
8. The Road Code applies at all times: keep to the side of the road and be alert to traffic. We recommend you wear Hi-Viz clothing from dusk.
9. Hunters: unlikely on this course but be alert – if in doubt be visible and vocal.
10. Bee Hives – There are a number of bee hives in the exotic forest. Best to get your honey from the supermarket.

### Significant Injury

By virtue of the nature of the event, terrain and number of people taking part it is likely that there will be an injury that requires medical treatment. A plan has been put in place to mitigate any serious on course events.

**We can give no assurance that teams unable to make their own way to the finish, or a road, can be assisted for several hours. Upon notice of an injury requiring on course support, a member of the organising team will come out with additional shelter, first aid, food and warm fluids. This may take 2-3 Hours AFTER learning of the need for support. Should an evacuation be required, depending on location and needs, Police will be notified.**

The Hurunui SAR will be present to provide rescue support and communications from the Bush Café back to the Event Centre at Hanmer.

The main roads through the course will be driven at various times during the event. These are marked on the map.

In the event of significant injury or exhaustion, make the injured person warm and comfortable; arrange, if possible, to leave someone with the person; note your exact location on the map; seek help via the nearest road. Emergency signal – repeated (6 or more) short blasts on whistle at about 1 second intervals repeated each 1 to 5 minutes. Repeat if you hear one long blast. If you become totally disorientated, travel down slope to sheltered ground, preferably to a road or track. In an extreme emergency you may call 111 or trigger a personal PLB.

### Weather

Generally the weather in the Hanmer Area is dry (except when it is raining), and there are no significant streams or rivers that need to be crossed. The main weather hazard is wind especially at higher levels and in particular if there is a norwester. You need to be prepared to change your route if the wind becomes an issue.

Thank You To:

## Hanmer Springs 2020 NZRA 24hr Championships

DOC – Access to the Hanmer Forest Park, and St James Conservancy

Rayonier – Access to the Hanmer Forest

Hurunui Council – Access to the Hanmer Reserves

LINZ Data – Mapping

Hanmer Springs School – Catering

Hurunui SAR – SAR support